

# Further reading resources

## Articles:

- [White Privilege and Male Privilege: A personal account of coming to see correspondences through work in women's studies](#)
- ['I refuse to listen to white women cry'](#) – story by Marisa Meltzer
- ['When and how to respond to microaggressions'](#) – Ella. F Washington, Alison Hall Birch, Laura Morgan Roberts
- ['Archiving oral histories of black queer collectives in London'](#) – Rachel Datey
- ['Five ways to create an anti-racist workplace'](#) – Jermaine Haughton, Chartered Management Institute (CMI)
- ['How White leaders can talk about race'](#) – Orianna Rose Royle, Management Today
- ['How to speak to young people and children about racism'](#) – Dr Pragya Agarwal
- ['White privilege – a guide for parents'](#)
- [BBC Race & Identity – Don't call me BAME](#)
- ['How to be a better ally to your Black colleagues'](#) – Harvard Business Review
- ['People of colour feel like 'temporary guests' in social impact sector](#) – Pioneers Post
- ['You've been called out for microaggression – what do you do?'](#) – Harvard Business Review
- ['Privilege blinds us to plight of others who lack it'](#) – Financial Times
- ['Racism in sport: why it comes to the surface when teams lose'](#) – The Conversation
- ['The way to discuss racism in the workplace is to listen'](#) – People Management
- ['American Muslims are at high risk of suicide – 20 years post 9/11, the links between Islamophobia and suicide remain unexplored'](#) – The Conversation
- ['What 12 Years a Slave tells us about 21<sup>st</sup> century black mental health, Patrick Vernon'](#) – The Guardian

- **'Racial and ethnic disparities in mental health care'** – The Pharmaceutical Journal

## Podcasts:

- **iWeigh with Rachel Cargle**
- **Racism at work- Binna Kandola OBE**
- **The Diversity Gap Academy**
- **Renegades: Born in the USA Podcast** – Barack Obama and Bruce Springsteen
- **Unlocking Us Podcast** – Brene Brown and Austin Channing Brown
- **Unlocking Us Podcast** – Brene Brown and Ibram X Kendi
- **'Race at Work: Lessons in Diversity and Culture'** – Mastercard Podcasts
- **'Race at work: Candid conversations about the role race plays in our careers and lives'** – Harvard Business Review
- **'Jason Reynolds Imagination and Fortitude'** - On being with Krista Tippett
- **'About Race'** by Reni Eddo Lodge
- **'The shocking truth about racism in British schools'** by Aditya Chakraborty
- **'Free to soar: race and wellbeing in organisations'** – Pearn Kandola
- **'Improving inclusivity in counselling'** by Maryam Riaz
- **'Young Muslims speak out about mental health impact of lockdown'** – Channel 4 News

## Documentaries:

- **Grayson Perry's Big American Road Trip** – Docuseries, Channel 4
- **The Black Maternity Scandal: Dispatches** – All 4 (Channel4.com)

## Books:

- **'What White People Can Do Next: From Allyship to Coalition'** by Emma Dabiri - In this incisive, radical and practical essay, acclaimed author Dabiri draws on years of research and personal experience to challenge us to create meaningful, lasting change, as well as providing practical advice and hopeful solutions

- **'The Good Ally'** – by Nova Reid
- **'Brit(ish) on Race, Identity and Belonging'** by Afua Hirsch

## **Significant dates:**

- Stephen Lawrence Day (April)
- Pride month – June
- Juneteenth (19<sup>th</sup> June) – Abolition of Slavery
- Black History Month (October)